

camphill  
village  
trust

TAURUS CRAFTS

# valentines gifts



A LIFE OF OPPORTUNITY  
EST.1954



# handmade gifts

Complementing the Taurus Crafts shops are independent creative businesses including; Jewellery, Picture Framing, Leatherwork, Stone Carving, Antiques & Collectibles, Health & Beauty Salon, Chocolate Makers, Glass Artworks, Glass Beads, and Fairtrade Fashion.

**"give an original  
gift this valentines  
day from one of  
our artisan or  
independent business"**

## quick tip

For further information click on  
green text or blocks.

# artisan businesses

Complementing the Taurus Crafts shops are a diverse range of independent creative businesses and a health and beauty salon. See map to find locations on [page 11](#)

Artisan and independent businesses at Taurus Crafts:

**1 - Greenman & Gatekeeper**  
Leather-work, Arts and Crafts

**2 - Cats Eye Carving**  
Stone Carving

**3 - Picture Cards**  
Gallery, Art and Framing

**4 - The Chocolate Bar**  
Chocolates, Baking and Hot Drinks

**5 - Rainbow Glass Creations**  
Decorative Glass Artwork

**6 - Balm Jewellery**  
Jewellery and Gifts

**7 - The Little Bazaar**  
Antiques and Collectables

**8 - So Unique**  
Glass Beads and Laser Engraving

**9 - Indigo**  
Gifts and Fair-trade

**10 - The Garden Retreat**  
Health and Beauty Salon







**"You'll see people at work in their units and have the opportunity to learn and perhaps buy something distinctive direct from the maker"**



Laze coconut lime soy candle - from £6.99

**Facebook:** @balmjewels

**Tel:** 07918676539

**Email:** s.coles911@btinternet.com



Handmade silver earrings - £18.00

**Facebook:** @balmjewels

**Tel:** 07918676539

**Email:** s.coles911@btinternet.com



Scentsations hand cream - £11.95

Vinylux polish - £10.95

Gift vouchers available too

**Telephone :** 01594 841156 or 07970479324

**Facebook:** @thegardenretreathealthandbeauty

**Email:** thegardenretreat@btinternet.com





Hand carved and unique gifts available from Cat's Eye Carving. Carrie uses a wide variety of locally sourced limestone, sandstone and slate as well as some from Dorset and France. Carrie designs and creates her items and chooses the stone to match the carving. Prices start from £12 for hand carved initials and hearts. There is plenty of choice for everyone.

Please check [www.catseyecarving.co.uk](http://www.catseyecarving.co.uk) for opening times and more details about Carrie's projects.





The Garden Retreat Health & Beauty salon based at Taurus Crafts, Lydney, offering a wide range of holistic and beauty therapies by experienced, professional therapists. Established 8 years ago now with 3 treatment rooms, a reception area and 2 nail bars.

**Telephone :** 01594 841156 or 07970479324

**Facebook:** @thegardenretreathealthandbeauty

**Email:** thegardenretreat@btinternet.com



Hand carved and unique gifts available from Cat's Eye Carving. Carrie also designs and casts smaller pieces as well as designing and making her signature Welsh slate and sterling silver jewellery.

Prices start from £12 for hand carved initials and hearts. There is plenty of choice for everyone.

Please check [www.catseyecarving.co.uk](http://www.catseyecarving.co.uk) for opening times and more details about Carrie's projects.





## shop with purpose

Our Gift Shop is home to an exciting range of unique items carefully selected for their ethics and features Can Do Creative products made in Camphill Village Trust community workshops.

Complementing the curated range of gifts, eco friendly products and refills, our Home & Fashion Shop offers a range of fairly traded clothing, accessories and homes ware which provides opportunities in developing countries.

**"our gift shops  
are run by a  
mixed ability  
team and provide  
the people we  
support with  
a chance to  
develop customer  
service skills  
and contribute  
to all aspects of  
our shop's busy  
environment."**





Heart shaped candle with presentation box - £16.99

**Facebook:** @tauruscrafts

**Tel:** 01594 844841

**Email:** [enquire@tauruscrafts.co.uk](mailto:enquire@tauruscrafts.co.uk)



Mary Rose Young - £80.00

**Facebook:** @tauruscrafts

**Tel:** 01594 844841

**Email:** [enquire@tauruscrafts.co.uk](mailto:enquire@tauruscrafts.co.uk)



Tisserand Gift Set - £29.99

**Facebook:** @tauruscrafts

**Tel:** 01594 844841

**Email:** [enquire@tauruscrafts.co.uk](mailto:enquire@tauruscrafts.co.uk)



Hugging Rabbits - £10.99

**Facebook:** @tauruscrafts

**Tel:** 01594 844841

**Email:** [enquire@tauruscrafts.co.uk](mailto:enquire@tauruscrafts.co.uk)





Opalite Jewellery from £13.99 - (bracelet £81.00)

**Facebook:** @tauruscrafts

**Tel:** 01594 844841

**Email:** [enquire@tauruscrafts.co.uk](mailto:enquire@tauruscrafts.co.uk)

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# taurus crafts antiques and vintage fair

Registered charity no. 232402



**Sunday 12<sup>th</sup> April 2020**  
**10am until 4pm**

Enjoy a nostalgic day browsing the  
stalls and rediscover hidden treasures,  
with live music and BBQ.

Taurus Crafts, Lydney, GL15 6BU - 01594 844841  
[www.tauruscrafts.co.uk](http://www.tauruscrafts.co.uk) - [enquire@tauruscrafts.co.uk](mailto:enquire@tauruscrafts.co.uk)

# valentines recipes

Our Hospitality School have selected their favourite meal and dessert that would be great for Valentine's Day, show that special someone how you feel with one of these recipes.

Whether you want to surprise your loved one with an edible gift or treat them to an Valentine's meal.

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**"our hospitality school students have thoroughly enjoyed baking and cooking these recipes and we think you will to"**

.....



## mediterranean parsnip gnocchi

### Ingredients

400g Parsnip, peeled and cut into chunks  
600g Potatoes, peeled and cut into chunks  
60ml Olive oil  
3 Unpeeled garlic cloves  
1 tsp Ground nutmeg  
100g '00' flour (GF if required with 1 teaspoon of xanthan gum)  
2 tbsp. nutritional yeast

150g mixed peppers,  
cut approx. 1 ½ inch pieces  
150g Aubergine,  
cut into approx. 1 ½ inch diameter slices  
150g cherry tomatoes  
1 tsp dried basil

Sprinkling of chopped walnuts  
Grated Italian cheese to serve

## Method

1.Heat the oven to 220c/200fan/gas mark7

2.Toss the prepared parsnips and potatoes in 2 tbsp. of olive oil and tip into a roasting tin along with the unpeeled garlic cloves

3.Place in the oven and roast for approx. 40 minutes or until the veg is completely soft

4.Remove from the oven using an oven cloth and allow to cool a little

5.Squeeze the garlic from their skins, then discard the skins

6.Tip everything into a food processor along with the nutmeg, flour and nutritional yeast. Season well then place the lid on

7.Pulse the processor until well combined and holding together as a dough

8.Meanwhile place the prepared peppers, aubergine and cherry tomatoes on a baking tray that is sprayed with frylight. Spray the frylight on top of the vegetables also and sprinkle with the dried basil and some cracked black pepper

9.Place in the oven and cook for approx. 15 minutes, or until the vegetables are charred and roasted.

10.Put a large pan of salted water onto a high heat on the hob and bring to the boil.

11.Tip the dough from the processor onto a floured surface

12.Cut into 4 chunks.

13.Roll each chunk into a sausage about 35cm long and 2.5cm wide

14.Use a butter knife to cut each sausage into small pillow shaped gnocchi, each around 2cm long

15.Gently press each of the pillow shaped gnocchi onto the back of a fork to create indentations

16.Once all the gnocchi has been prepared, cook in the boiling salted water in batches (so as not to overcrowd the pan)for 1 minute or until they float to the surface

17.Remove from the water with a slotted spoon and drain on kitchen paper

18.In a frying pan heat the rest of the olive oil and batch fry the gnocchi until lightly golden on each side.

19.Transfer them to a tray using a slotted spoon while you're cooking each batch

20.When all the gnocchi is golden put the tray in the oven to warm back through with the roasted vegetables combined

21.Once warm, remove from the oven and serve with grated Italian cheese and a sprinkling of walnuts





# valentines bakewell tart



## Ingredients

### Shortcrust Pastry

225g Plain flour  
100g Butter, diced  
Pinch of salt

### Frangipane

350g Ground almonds  
250g Unsalted butter  
300g Caster sugar  
3 Large eggs

### Additional Ingredients Needed

3 Tps strawberry or raspberry jam  
1 Handful flaked almonds

## Method

### Shortcrust pastry :

1. Sift the flour into a large bowl ( if gluten free sift the flour together with the Xanthan gum )

2. Add the salt and butter and rub in with fingertips until the mixture resembles fine breadcrumbs

3. Add 2-3 tablespoons of water and mix to a firm dough. ( if Gluten free add egg instead of water )

4. Wrap in cling film and chill while preparing the filling.

### Frangipane:

1. Beat the butter and sugar together until light and creamy.

2. Add the ground almonds and mix together.

3. Lightly beat the eggs and add to the mixture. Fold the eggs into the mixture until completely smooth and mixed together.

4. Place in the fridge until ready to use.

## Bakewell Tart

1.Preheat an oven to 180 c / 160 fan

2.Line a 28cm loose bottomed tart tin with the shortcrust pastry by rolling it out slightly bigger than needed and covering the base and sides of the tin with the pastry and allowing it to hang over the tin but pushing it tightly in to fit against the sides. Prick the base with a fork.

3.Bake in the oven for 15 minutes lined with greaseproof paper and baking beans

4.Remove from the oven and reduce the temperature to 170 c / 150 fan

5.Spread the jam over the base of the pastry case.

6. Spoon the frangipane mixture evenly on top of the jam.

7.Sprinkle some flaked almonds on top of the frangipane

8.Bake the tart in the oven for approx. 40 minutes or until the almond mixture has become firm and golden on the outside but is still soft in the middle. Allow to cool for about 30 minutes before slicing.

**"we hope you  
enjoy following  
these recipes and  
savouring the  
final result. Don't  
forget to share  
the meal with us at**

# planet friendly products



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**Did you know that  
our Gift Shop offers  
ecover refills? Just  
bring along any  
empty bottles and  
our helpful staff  
will help you refill.  
We offer refills  
in laundry liquid,  
fabric softener, and  
washing-up liquid.**

.....

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# taurus crafts cafe



Choose from our menu of breakfasts, light bites  
& lunches made fresh in our kitchen.

Cakes and bakes are all made on site by our  
onsite chocolatiers. Delicious organic tea & full  
range of locally roasted organic coffee from  
James Gourmet Coffee.

**“Another little gem of a cafe, all home  
cooked food, all presented in an interesting  
manner. No mass produced, corporate stuff  
here. Why not treat yourself to a cake? I  
did!”- TripAdvisor Review**

Taurus Crafts, Lydney, GL15 6BU - 01594 844841  
[www.tauruscrafts.co.uk](http://www.tauruscrafts.co.uk) - [enquire@tauruscrafts.co.uk](mailto:enquire@tauruscrafts.co.uk)

Registered charity no. 232402

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# children's activities

**15<sup>th</sup> - 23<sup>rd</sup> February**

An eclectic mix for all budgets this half-term to keep families amused and entertained.

The talented makers and performers at Taurus Crafts are set to put on a fabulous programme of activities to keep families amused and entertained during the February half-term holiday. With activities every day from Saturday 15th February until Sunday 23rd February there will be something for everyone to have a go at.

The eclectic mix of activities includes free performances by professional puppeteer Lullaby Leesa, Arnie Kazam's magic show is back by popular demand after sell-out performances throughout 2019, as well as the phenomenon of FOD Rocks. The founder of FOD Rocks, Amy Sampson, will be running the painting session so why not decorate a pebble or two and then hide them somewhere at Taurus Crafts

or in the local area for someone to find. For those who are looking to create keepsakes of their visit to take home, visitors can try a traditional craft experience with stone mason Carrie Horwood who will guide them through the process of using genuine mason tools in her half-hour Stone Carving activity.

**“Our pottery painting activity will be running on both weekends during the school break and is now such an established part of the local scene that we are getting the second generation of makers coming along, with their children, who enjoyed the activity themselves when they were young”**

With more activities added to programme frequently it's well worth following Taurus Crafts on social media to keep up to date.





# hospitality school



## skills for life

The day opportunities courses that are currently available through the Hospitality School are:

### Basic hospitality skills

A tool for encouraging confidence and ability in basic hospitality skills for supported work placements and enhance the opportunity for learners to seek paid employment through inclusivity in the hospitality industry.

### Basic cooking skills

Covering kitchen safety, health and hygiene, our learners will be encouraged to acquire basic cooking skills in order to live healthily within a budget, encouraging independence and confidence in basic cooking skills. This will be a continuous course.

### The enthusiastic cook

For learners who are already competent in basic cooking skills with lots of new, healthy recipes, still concentrating on budgeting and kitchen health, safety and hygiene as they learn new techniques and cooking methods.

### Café opportunities

The opportunities we can offer aren't limited to the Hospitality School, as a vibrant visitor centre, our on-site café offers the opportunity for people with learning disabilities to learn and gain new skills. The café offers the chance for people to take part in:

- Preparing hot and cold drinks
- Making toast, preparing scones and home bakes
- Serving customers
- Using the dishwasher
- Clearing tables

For more information about our hospitality school or any other day opportunities please visit:

[www.tauruscrafts.co.uk](http://www.tauruscrafts.co.uk)



**We are a national charity supporting people with learning disabilities, autism, mental health challenges and complex needs.**

We have 10 communities and services across England where we offer residential living, day placements and workshops. People are supported, encouraged and empowered to make informed life choices, and contribute to society in ways that bring purpose and meaning to them.

Our workshop activities include crafting, pottery making, woodworking, baking, farming & gardening, and opportunities in retail, customer service and hospitality. These activities help people to live an active life, make new friends, learn new skills, grow in self-confidence and achieve personal goals.

When you buy from us you're not only purchasing a product that is beautiful, handmade and homegrown, you're helping us to continue providing a life of opportunity to the people we support. Thank you!



[www.camphillvillagetrust.org.uk](http://www.camphillvillagetrust.org.uk)



## about us

Taurus Crafts is a visitor centre open to the general public where you can see a wide range of arts and crafts.

We are a national charity supporting people with learning disabilities, autism, mental health challenges and complex needs.

Our café and Gift Shop are operated by a mixed ability team, providing opportunities to people whose needs are not well met through mainstream education and employment programmes.

Through our diverse offer we can help build confidence, skills and independence which can enable people to participate actively in the community.

**“Taurus Crafts offers day opportunities in real working environments, which can help develop new skills, make connections and gain a sense of independence.”**



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