

botton village dementia support





Camphill Village Trust is a national charity supporting adults with learning and other disabilities. We help the people we support to build relationships and self-esteem, enabling them to lead meaningful lives.

We have IO communities and services across England in both rural and urban settings but wherever our support is located it is shaped by the people we support, and driven by our passion to see everyone as active citizens with a life of opportunity.

From our Botton Village community, nestled in the idyllic North York Moors National Park, we offer a range of dementia support services to benefit the wider community.



Botton Village social farm

A social farm is a working farm offering people the opportunity to participate in the day to day activities. The Botton Village social farm has fruit and vegetable crops and a range of animals including cows, sheep, pigs and poultry. All this is produced organically, with no chemicals.

Our dementia services include the social farm to promote better mental and physical health through working on the land.

Benefits include:

- · Improved well-being
- · Improved physical health
- · Increased independence
- · Increased social activity

Farmhouse kitchen project "around the table"

The farmhouse kitchen project provides a safe, friendly, 'home from home' environment where people living with dementia, carers and those with other health related conditions can access meaningful activities and the opportunity to meet people.

Activities include:

Lunch preparation, baking, housework, sewing and crafts, singing, gardening painting and reminiscence,

Walking group

Walking promotes better health and social connections for people living with dementia and other health related conditions, their carers, friends and family.



The vibrant sessions provide a relaxed environment for people to be involved in familiar tasks that prompt memories and encourage participation.

We meet every Wednesday at Botton Village Social Farm from 10:00am – 1:00pm

Walks will last for 40 minutes depending on the weather – they are scenic, wheelchair accessible, gentle and fun.

We also provide free transport to and from Botton Village should you require this.

We meet every Friday outside the Coffee Bar, Botton Village at 10:30am.

Dementia friendly cinema

Our Botton Village dementia friendly cinema provides a fun and inclusive experience enabling people living with dementia, their families and carers to attend the cinema in a safe and welcoming environment.

The enhanced and adapted screenings suit the needs of people living with dementia, who often feel isolated, to enjoy an everyday experience within an accessible, friendly, supportive and fun environment where participation is encouraged.

The screenings are open to the public and located in the Joan of Arc Hall (pictured to the right). Doors open from 2pm and films commence at 2.30pm with refreshments and snacks available.



We do not charge for the dementia cinema – this is a FREE event, but any donations would be welcomed.

Come along and join in the fun of our cinema with a difference!

Volunteering opportunities

We need volunteers to help with our outdoor based support for people living with dementia, based at Botton Village social farm.

Volunteers will assist staff and participants before, during and after



the support sessions. Ideally we're looking for someone who has experience of supporting/caring for people with dementia. However, experience is not essential, we welcome people who are passionate about helping others and feel they can make a difference in someone's life.

For further information please get in touch.



Opening times:

Our sessions take place Monday - Friday 9.00am -1:30pm or people can stay a full day up to 4:30pm.

Costs:

9.30am - 1.30pm costs £25 per person.

A full day costs £45 per person.

Group rates are also available.

Costs vary depending on the needs of those taking part, please speak to one of the team for a more detailed auote and breakdown.





Contact details

For further information regarding our dementia support services please get in touch ...

Email: dementiasupport.botton@cvt.org.uk

Tel: 01287 661208 or 01287 661209

Post: Botton Village Social Farm, High Farm, Botton Village, Danby, Whitby, North Yorkshire, YO21 2NJ.

Camphill Village Trust is a national charity which supports adults with learning and other disabilities to have a life of opportunity. To find out how you could support us please visit www.camphillvillagetrust.org.uk













