



# How to be safe using Social Media

camphill  
village  
trust



Social Media is things like Facebook, WhatsApp, Twitter, Skype, Zoom, Messenger or Instagram.

When you are using different types of Social Media, it is important to learn how to be safe.

## Things to Remember



Do not share your personal information like your phone number, date of birth or address.



Check that people you connect with on Social Media, are people you already know.



Any photos that you post on Social Media cannot be completely removed. Only share photos with friends, family or people you know.

**Remember:** You need consent to share photos of other people.



Ask someone who you trust to show you how to block someone who you do not feel safe with.



Social Media can be a great way to connect with friends and family, but it is important to learn how to keep yourself safe.



**Remember:** If you feel you are being targeted in any way through Social Media, make sure you speak with someone who you trust straight away.



You can also contact the **Police on 101** if you think you are being harassed or threatened online.